



LEVEL – 1 BASIC BEAUTY & HAIR DRESSING DIPLOMA

Theroy -

- ❖ Business Management
- ❖ Beauticians Behaviour
- ❖ Good Personality
- ❖ Parlor Etiquettes
- ❖ First Aid
- ❖ Electricity
- ❖ Hygiene & Health
- ❖ Good Posture
- ❖ Diet & Nutrition
- ❖ Skin Analysis
- ❖ Skin Care
- ❖ Face packs
- ❖ Skin Anatomy : Layers / Diseases/ Lesions / Pigmentation Problems etc.
- ❖ Bacteriology
- ❖ Cell biology
- ❖ Nail Diseases / Disorders
- ❖ Muscles – All face muscles – Origin / Insertion / Action
- ❖ Bones – Hands / Legs – Cranium – Types of Bones
- ❖ Mask Therapy & Cosmetic Science
- ❖ Uses of Massager
- ❖ Infra Red Light
- ❖ Hair Care
- ❖ Hair Anatomy : Structure / Layers, etc.
- ❖ Head Massage
- ❖ Manicure
- ❖ Pedicure
- ❖ Waxing
- ❖ Scrubbing
- ❖ Make-up
- ❖ Lipo Soluble wax / Demonstration of Brazilian Wax & Lipo Soluble wax
- ❖ Bleaching
- ❖ Threading
- ❖ Saree Draping
 - Maharashtrian -2
 - Gujrathi type
 - Navari – 2 types
 - Ghagra Odhna
 - Bengali
 - V – pallu variation
 - Ghagra draping
- ❖ Roller Setting
- ❖ Facials – Herbal, Non – Herbal, Fruit
- ❖ Mehandi Dye
- ❖ Chemical Dye / colour application technique
- ❖ Dandruff Treatment
- ❖ Hair Setting
- ❖ Hair Styles – 10 Types
- ❖ Hair Cuts – U, Straight, Blunt, Flicks, Round, Step Cut, Very Short Layer
- ❖ Professional Blow Dry

Practical -

- ❖ Swedish Body Massage
- ❖ Body Polish
- ❖ Body Wraps
- ❖ Vibratory Body Massager